

Attribute	Benchmark CSD/CY (5915051): North Vancouver, BC		CSD/DM (5915055): West Vancouver, BC		
	Count: -		Count: -		
	Value	Percent	Value	Percent	Index
Population aged 12 and over	56,471		41,861		
General Health					
Perceived health: Excellent	13,705	24.27%	10,151	24.25%	100
Perceived health: Very good	19,970	35.36%	14,735	35.20%	100
Perceived health: Good	16,196	28.68%	11,970	28.59%	100
Perceived health: Fair	4,651	8.24%	3,499	8.36%	101
Perceived health: Poor	1,948	3.45%	1,505	3.60%	104
Perceived mental health: Excellent	19,439	34.42%	14,473	34.58%	100
Perceived mental health: Very good	19,629	34.76%	14,569	34.80%	100
Perceived mental health: Good	13,307	23.56%	9,821	23.46%	100
Perceived mental health: Fair	3,233	5.73%	2,378	5.68%	99
Perceived mental health: Poor	863	1.53%	620	1.48%	97
Perceived life stress: Not at all stressful	6,976	12.35%	5,497	13.13%	106
Perceived life stress: Not very stressful	15,207	26.93%	11,423	27.29%	101
Perceived life stress: A bit stressful	23,026	40.78%	16,822	40.19%	99
Perceived life stress: Quite a bit stressful	9,598	17.00%	6,921	16.53%	97
Perceived life stress: Extremely stressful	1,663	2.94%	1,198	2.86%	97
Perceived stress at work: Not at all stressful	5,403	9.57%	4,047	9.67%	101
Perceived stress at work: Not very stressful	12,726	22.54%	9,614	22.97%	102
Perceived stress at work: A bit stressful	24,664	43.68%	18,035	43.08%	99
Perceived stress at work: Quite a bit stressful	11,259	19.94%	8,386	20.03%	100
Perceived stress at work: Extremely stressful	2,418	4.28%	1,780	4.25%	99
Satisfaction with life in general: Very Satisfied	22,611	40.04%	17,092	40.83%	102
Satisfaction with life in general: Satisfied	29,477	52.20%	21,561	51.51%	99
Satisfaction with life in general: Neither satisfied nor dissatisfied	2,662	4.71%	1,966	4.70%	100
Satisfaction with life in general: Dissatisfied	1,388	2.46%	1,001	2.39%	97
Satisfaction with life in general: Very Dissatisfied	334	0.59%	241	0.58%	98
Sense of belonging to local community: Very strong	11,590	20.52%	8,799	21.02%	102
Sense of belonging to local community: Somewhat strong	28,783	50.97%	21,391	51.10%	100
Sense of belonging to local community: Somewhat weak	12,083	21.40%	8,780	20.98%	98
Sense of belonging to local community: Very weak	4,015	7.11%	2,891	6.91%	97
Living Environments					
Canadian Active Living Environments: Very low	15,559	27.55%	11,851	28.31%	103
Canadian Active Living Environments: Low	15,432	27.33%	11,569	27.64%	101
Canadian Active Living Environments: Moderate	13,484	23.88%	9,826	23.47%	98
Canadian Active Living Environments: High	7,710	13.65%	5,567	13.30%	97
Canadian Active Living Environments: Very high	4,286	7.59%	3,048	7.28%	96
Activities of Daily Living					
Difficulty - preparing meals: No, no difficulty	52,892	93.66%	39,154	93.53%	100
Difficulty - preparing meals: Difficulty, but do not require help of others	1,719	3.04%	1,255	3.00%	99
Difficulty - preparing meals: Difficulty, but can do it with the help of others	1,160	2.05%	900	2.15%	105

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Difficulty - preparing meals: Cannot do it at all	700	1.24%	552	1.32%	106
Difficulty - running errands such as shopping for groceries: No, no difficulty	50,954	90.23%	37,702	90.06%	100
Difficulty - running errands such as shopping for groceries: Difficulty, but do not require help of others	2,174	3.85%	1,563	3.73%	97
Difficulty - running errands such as shopping for groceries: Difficulty, but can do it with the help of others	2,255	3.99%	1,732	4.14%	104
Difficulty - running errands such as shopping for groceries: Cannot do it at all	1,087	1.93%	864	2.07%	107
Difficulty - doing everyday housework: No, no difficulty	50,558	89.53%	37,387	89.31%	100
Difficulty - doing everyday housework: Difficulty, but do not require help of others	2,590	4.59%	1,902	4.54%	99
Difficulty - doing everyday housework: Difficulty, but can do it with the help of others	2,197	3.89%	1,676	4.00%	103
Difficulty - doing everyday housework: Cannot do it at all	1,125	1.99%	896	2.14%	108
Difficulty - personal care/taking medication: No, no difficulty	54,366	96.27%	40,236	96.12%	100
Difficulty - personal care/taking medication: Difficulty, but do not require help of others	803	1.42%	599	1.43%	101
Difficulty - personal care/taking medication: Difficulty, but can do it with the help of others	1,024	1.81%	813	1.94%	107
Difficulty - personal care/taking medication: Cannot do it at all	278	0.49%	214	0.51%	104
Difficulty - moving about inside the house: No, no difficulty	54,003	95.63%	40,006	95.57%	100
Difficulty - moving about inside the house: Difficulty, but do not require help of others	1,876	3.32%	1,410	3.37%	102
Difficulty - moving about inside the house: Difficulty, but can do it with the help of others	444	0.79%	342	0.82%	104
Difficulty - moving about inside the house: Cannot do it at all	149	0.26%	104	0.25%	96
Difficulty - looking after personal finances: No, no difficulty	54,035	95.69%	39,955	95.45%	100
Difficulty - looking after personal finances: Difficulty, but do not require help of others	394	0.70%	284	0.68%	97
Difficulty - looking after personal finances: Difficulty, but can do it with the help of others	963	1.71%	746	1.78%	104
Difficulty - looking after personal finances: Cannot do it at all	1,079	1.91%	876	2.09%	109
Home support score: The degree to which an individual has difficulty engaging in activities of daily living tied to home support	0.54		0.57		106
Personal care score: The degree to which an individual has difficulty engaging in act. of daily living tied to personal care and mobility	0.12		0.13		108
Sleep					
Number of hours per night usually spent sleeping: Under 3 hours	393	0.70%	297	0.71%	101
Number of hours per night usually spent sleeping: 3 hours to less than 4 hours	784	1.39%	571	1.36%	98

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Number of hours per night usually spent sleeping: 4 hours to less than 5 hours	2,279	4.04%	1,678	4.01%	99
Number of hours per night usually spent sleeping: 5 hours to less than 6 hours	6,661	11.80%	4,879	11.65%	99
Number of hours per night usually spent sleeping: 6 hours to less than 7 hours	15,871	28.10%	11,583	27.67%	98
Number of hours per night usually spent sleeping: 7 hours to less than 8 hours	17,920	31.73%	13,274	31.71%	100
Number of hours per night usually spent sleeping: 8 hours to less than 9 hours	9,598	17.00%	7,260	17.34%	102
Number of hours per night usually spent sleeping: 9 hours to less than 10 hours	1,975	3.50%	1,545	3.69%	105
Number of hours per night usually spent sleeping: 10 hours to less than 11 hours	670	1.19%	529	1.26%	106
Number of hours per night usually spent sleeping: 11 hours to less than 12 hours	171	0.30%	133	0.32%	107
Number of hours per night usually spent sleeping: 12 hours or more	148	0.26%	112	0.27%	104
Trouble going to sleep or staying asleep - frequency: Never	14,753	26.13%	10,844	25.91%	99
Trouble going to sleep or staying asleep - frequency: Rarely	15,846	28.06%	11,852	28.31%	101
Trouble going to sleep or staying asleep - frequency: Sometimes	16,753	29.67%	12,427	29.69%	100
Trouble going to sleep or staying asleep - frequency: Most of the time	6,157	10.90%	4,588	10.96%	101
Trouble going to sleep or staying asleep - frequency: All of the time	2,961	5.24%	2,150	5.14%	98
Refreshing sleep - frequency: Never	2,713	4.81%	1,938	4.63%	96
Refreshing sleep - frequency: Rarely	6,064	10.74%	4,376	10.45%	97
Refreshing sleep - frequency: Sometimes	14,579	25.82%	10,575	25.26%	98
Refreshing sleep - frequency: Most of the time	24,177	42.81%	18,225	43.54%	102
Refreshing sleep - frequency: All of the time	8,937	15.83%	6,747	16.12%	102
Difficulty staying awake - frequency: Never	21,389	37.88%	15,818	37.79%	100
Difficulty staying awake - frequency: Rarely	15,956	28.26%	11,763	28.10%	99
Difficulty staying awake - frequency: Sometimes	12,848	22.75%	9,454	22.58%	99
Difficulty staying awake - frequency: Most of the time	2,805	4.97%	2,070	4.95%	100
Difficulty staying awake - frequency: All of the time	1,037	1.84%	763	1.82%	99
Health Insurance Coverage					
Insurance - prescription medications - all/part cost coverage	39,753	70.40%	29,382	70.19%	100
Type of insurance - prescription meds - govt	8,553	15.15%	6,636	15.85%	105
Type of insurance - prescription meds - employer	26,959	47.74%	19,456	46.48%	97
Type of insurance - prescription meds - association	1,789	3.17%	1,371	3.27%	103
Type of insurance - prescription meds - own private plan	2,453	4.34%	1,919	4.59%	106
Insurance - long-term care costs - all/part cost coverage	18,370	32.53%	13,474	32.19%	99
Type of insurance - long-term care costs - govt	3,089	5.47%	2,396	5.72%	105

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Type of insurance - long-term care costs - employer	12,987	23.00%	9,343	22.32%	97
Type of insurance - long-term care costs - association	738	1.31%	555	1.33%	102
Type of insurance - long-term care costs - own private plan	1,556	2.76%	1,180	2.82%	102

Index	Description
≥ 180	Extremely High
≥ 110 and < 180	High
≥ 90 and < 110	Similar
≥ 50 and < 90	Low
< 50	Extremely Low

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Data Source: Manifold Data Mining Inc.

This report is based on consumer demographic and behaviour data products at the 6-digit postal code level. No confidential information about an individual, household, organization or business has been obtained from Statistics Canada or Numeris.

Data Vintage: Data Vintage: 2022/2023